

Aging Wisdom provides a variety of services to support our clients' individual needs. You may choose one or more of the following services. If you are not sure which services are right for you, please talk to your Aging Wisdom consultant.

- **Care consultation & family meetings**

We provide consultations and family meetings to help families become knowledgeable about options and to find creative solutions to difficult problems. A consultation typically takes about two hours in the home or at one of our conveniently located offices.

- **In-home assessment**

A thorough assessment in the older person's home helps us identify current needs and make useful recommendations. We focus on evaluating the client's home safety, medical/mental health issues, cognitive functioning, legal and financial concerns.

- **Professional care management (coordination & monitoring)**

Often, problems are not easily solved with one consultation. Care management services allows one of our professionally certified clinicians to remain actively involved, help implement the care plan, find placement options if necessary, monitor the situation and coordinate care on an ongoing basis. Care management services are an ideal option when family members are juggling multiple commitments, providing long-distance caregiving and for those who are feeling the strain of caretaking responsibilities. Is refusal or resistance to care a problem? Professional care management can often make a difference. Our highly trained clinicians have experience working with clients who are reluctant to accept help.

- **Home care services**

We are a licensed home care provider and offer home care services to our clients who are receiving ongoing care management services.

- **Caregiver consultation & support**

Caregiving can be a stressful and overwhelming experience. Asking for and accepting help from a knowledgeable clinician can be a bit like jumping on a life raft. We provide short-term consultation services to support caregivers through their journey. We focus on helping to create a workable self-care plan, provide education, referrals to needed community resources and help solve complex problems.

- **Adult family home assessments**

We can complete the Adult Family Home Assessment required by the State of Washington. The assessment involves an evaluation of the client, review of pertinent medical records and discussion with the client's health care providers if necessary.

- **Training & consultation**

We offer education and consultation services about aging and care management. We can customize a workshop for your family, agency, community group or organization.

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how professional care managers transform lives

Family coaching & support

- Help families determine care needs and evaluate their options
- Facilitate family meetings to discuss and help resolve concerns
- Link families with needed resources
- Independent assessments of the situation when families disagree
- Provide dementia management guidance
- Referrals to support groups & educational classes
- Consultations for long-term planning
- Support families during difficult transitions
- Crisis management
- Information about hoarding & self neglect
- Assist families with driving challenges
- Oversee care for out of town families

Legal referrals & collaboration

- Identify needs and refer to elder law and estate planning services
- Partner with elder law attorneys to manage difficult family dynamics
- Offer objective assessments
- Provide a mediated alternative to guardianship
- Deter elder abuse by oversight
- Serve as expert witness

Health advocacy

- Manage, coordinate and accompany to medical appointments
- Coordinated discharges from hospitals and nursing homes

- Facilitate smooth transitions from one setting to another
- Advocate for clients and families during hospital stays
- Refer to geriatricians and other healthcare specialists
- Liaison between providers
- Provide education about advance health care planning
- Compassionate end of life oversight and advocacy

Home care oversight

- Arrange respite for family caregivers
- Match client needs to caregiver
- Supervise caregivers
- Oversight of daily routines
- Medication reminders, home safety evaluations & falls prevention
- Monitor for scams and elder abuse
- Oversee client wellness activities
- Monitor and report changes to the family and medical team
- Provide information on the latest technology for enhanced independence in the home

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how professional care managers transform lives (cont'd)

Household coordination

- Coordinate needed services
- Oversee household activities
- Identify accessibility needs and make referrals for home improvement projects
- Manage appointments
- Design emergency plans
- Assist with any moves – including selection of retirement/care communities locally or across the country
- Manage pet care

Quality of life advocate

- Home safety evaluations
- In-home assessments to determine care needs
- Connect individuals to community services
- Focus on and ensure social engagement
- Connect to spiritual resources
- Recommend technology that supports quality of life & independence

Financial coordination

- Provide information about entitlements programs and assist with applications
- Referrals to bill payer/fiduciary
- Insurance coordination
- Access long term care benefits
- Partner with trust officers and financial planners to meet client care needs

Innovation

- Find creative solutions to difficult problems
- Create systems that support client values
- Design plans that are individualized

Education

- Offer seminars to professionals, families and the public about topics related to aging

Who we are

Aging Wisdom is a professional care management company and a licensed home care provider. We serve the Seattle Metro area, Eastside and South Snohomish County. See for yourself how Aging Wisdom transforms lives by finding creative solutions to difficult problems.

Locations

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