



home care services

At Aging Wisdom, our home care services are exclusively designed to complement our geriatric care management program. We provide support to help your loved one remain as independent as possible at home.

We believe in taking care of your family the way we would want our family cared for, by highly trained professionals working together in a coordinated fashion. Because of our commitment to quality, we don't throw just any caregiver who walks in our door into your family member's home. We carefully recruit, screen, train and supervise our caregivers with professional geriatric care managers who have advanced training and professional certifications.

We offer a completely individualized program that may include one or more of the following services:

- Companionship support in the form of friendly visits, stimulating conversation and invitations to participate in enjoyable activities. Life enhancement services that may include activities such as reading to your family member, taking your mom or dad on scenic drives, listening/playing music/instruments, looking through photographs and other memorabilia, visiting places of interest such as museums, libraries and other appealing community locations, playing cards, helping with puzzles, assisting with gardening projects such as creating planters and filling bird feeders, helping to organize personal items such as photographs, greeting cards, collectibles or other household items.
- Household support to maintain safety and enhance quality of life. These activities may include but are not limited to housekeeping, laundry assistance, meal preparation, transportation services and help grocery shopping.
- Assistance with personal care needs including tasks such as bathing, toileting, dressing, transferring, mobility and positioning.

To learn more about our home care program, give us a call at **206.456.5155**.



<http://www.privatedutyhomecare.org>



<http://www.wapda.org>